

Appendix D

Mean Task Ratings and Standard Deviations by All Respondents

APPENDIX D: MEAN TASK RATINGS AND STANDARD DEVIATIONS BY ALL RESPONDENTS

		Mean	SD
Domain 1: Intake of Information			
1	Screen clients prior to intake interview to determine appropriateness for therapeutic massage	3.12	0.98
2	Conduct intake interview with client to obtain and document medical history (e.g., presenting complaint(s), conditions, injuries, surgeries, medications)	3.72	0.53
	Obtain information regarding (Task statements 3-9):		
3	--previous therapeutic massage history	2.52	0.88
4	--lifestyle habits	2.77	0.84
5	--occupational patterns (e.g., ergonomics, repetitive movement)	3.24	0.71
6	--mental and emotional states	2.97	0.79
7	--stress factors	3.12	0.77
8	--life stages/age (e.g., adolescent, middle aged, geriatric)	2.80	0.85
9	--client condition from other health professionals, as appropriate	3.06	0.78
10	Obtain informed consent	3.46	0.80
11	How well do the tasks in Domain 1 cover important aspects of Intake of Information?	4.19	0.77
	1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well		
Domain 2: Assessment Procedures			
12	Examine posture (e.g., bilateral comparison, imbalance, asymmetry)	2.97	0.87
	Perform assessment of (Task statements 13 - 24):		
13	--pain or discomfort	3.65	0.56
14	--breathing	3.00	0.75
15	--gait	2.80	0.85
16	--range of motion and flexibility (e.g., active ROM, passive ROM)	3.23	0.73
17	--soft tissue quality (e.g., density, temperature)	3.14	0.75
18	--muscle tone (e.g., hypotonic, hypertonic)	3.09	0.73
19	--muscle strength/weakness (e.g., resisted isometric contractions)	2.79	0.86
20	--coloration, pallor, and integrity of skin	2.96	0.83
21	--involuntary contraction (e.g., spasm, trigger point)	3.26	0.71
	1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well		

Rating Scale:

0=Of no importance 1=Of little importance

2=Of moderate importance 3=Important 4=Very Important

APPENDIX D: MEAN TASK RATINGS AND STANDARD DEVIATIONS BY ALL RESPONDENTS

	Mean	SD
Domain 2: Assessment Procedures (continued)		
22 --parasympathetic and sympathetic nervous system responses	2.93	0.88
23 --abnormal sensation (e.g., numbness, tingling)	3.54	0.59
24 --soft tissue response during the therapeutic massage session	3.45	0.65
25 How well do the tasks in Domain 2 cover important aspects of Assessment Procedures? 1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well	4.29	0.72
Domain 3: Client Relations and Communications		
26 Establish rapport with client	3.55	0.63
27 Discuss assessment findings with client	3.19	0.78
28 Define goals of session and desired outcomes with client (e.g., relax, decrease pain)	3.37	0.73
29 Explain practice philosophy, policies, and procedures	2.92	0.93
30 Design plan(s) based on session goals and assessment of client's condition (e.g., therapeutic massage techniques, number of sessions)	2.93	0.86
31 Explain technique and outcomes (e.g., soreness following massage) and provide therapeutic massage options	3.38	0.74
32 Advocate client self-care as it pertains to achieving optimal therapeutic outcomes	3.40	0.72
33 Provide information about resources for continuing health maintenance (e.g., literature, education, classes)	2.76	0.88
34 Maintain mindful intent and stay focused on client's needs throughout session	3.80	0.43
35 Establish safe and respectful boundaries with client	3.92	0.28
36 Encourage client to express if anything is uncomfortable in any way	3.88	0.35
37 Ask for specific verbal feedback from client while applying a therapeutic massage technique, as appropriate	3.62	0.62
38 Ask for client participation when applying therapeutic massage technique (e.g., Proprioceptive Neuromuscular Facilitation, contract-relax)	3.35	0.77
39 Follow-up with client at end of session to assess client satisfaction 1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well	3.39	0.70

Rating Scale:

0=Of no importance 1=Of little importance

2=Of moderate importance 3=Important 4=Very Important

APPENDIX D: MEAN TASK RATINGS AND STANDARD DEVIATIONS BY ALL RESPONDENTS

	Mean	SD
Domain 3: Client Relations and Communications (continued)		
40 Refer clients to other health professionals as needed	3.42	0.76
41 Re-assess session plans and goals as necessary	3.20	0.79
42 Identify when maximum therapeutic effect has been achieved and adjust strategy of care accordingly (e.g., referral, termination of care)	3.16	0.82
43 Model healthy lifestyle for client	2.98	0.86
44 Follow-up with referring health care provider if client was referred	3.05	0.92
45 How well do the tasks in Domain 3 cover important aspects of Client Relations and Communications? 1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well	4.41	0.68
Domain 4: Therapeutic Massage Application		
46 Maintain supplies and equipment in proper working order	3.72	0.49
47 Perform therapeutic massage technique based on client assessment information (e.g., preference, medical condition)	3.76	0.48
48 Adjust therapeutic massage to client's needs and preferences (e.g., pain level, comfort level)	3.87	0.38
49 Instruct client regarding proper breathing during session	3.13	0.81
50 Perform ongoing self-assessment of body mechanics	3.51	0.73
51 How well do the tasks in Domain 4 cover important aspects of Therapeutic Massage Application? 1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well	4.25	0.79

Rating Scale:

0=Of no importance 1=Of little importance

2=Of moderate importance 3=Important 4=Very Important

APPENDIX D: MEAN TASK RATINGS AND STANDARD DEVIATIONS BY ALL RESPONDENTS

	Mean	SD
Domain 5: Professional Standards, Ethics, Business and Legal Practices		
A. Professional Standards and Ethics		
52 Maintain personal hygiene	3.91	0.31
53 Perform self-care practices	3.65	0.55
54 Maintain sanitary and comfortable environment for client	3.91	0.29
55 Remain within scope of practice	3.88	0.34
56 Adhere to NCBTMB Code of Ethics and Standards of Practice	3.86	0.41
57 Protect and respect client's right to modesty	3.93	0.25
58 Maintain confidentiality of client records and disclosed information	3.91	0.32
59 Establish a pool of health professionals to whom you can refer clients	3.20	0.77
60 Perform case review with other health professionals involved in client care when appropriate	3.10	0.82
61 Perform and advertise only the therapeutic massage techniques in which you are trained	3.78	0.50
62 Maintain professional client/practitioner relationship (e.g., do not date clients)	3.75	0.57
63 Maintain liability insurance	3.71	0.63
1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well		
Domain 5: Professional Standards, Ethics, Business and Legal Practices (continued)		
B. Business and Legal Practices		
64 Ensure compliance with state and/or local regulations (e.g., maintain registration, certification and/or licensure)	3.77	0.58
65 Conform to business ordinances (e.g., zoning, signage)	3.59	0.71
66 Maintain financial records and file income tax forms	3.69	0.59
67 Maintain client records (e.g., session notes, medical records, intake forms, referral prescriptions)	3.54	0.67
68 Provide accurate reports and billing statements to clients as needed	3.52	0.70
69 How well do the tasks in Domain 5 cover important aspects of Professional Standards, Ethics, Business and Legal Practices?	4.43	0.74
1 Very Poorly 2 Poorly 3 Adequately 4 Well 5 Very Well		

Rating Scale:

0=Of no importance 1=Of little importance

2=Of moderate importance 3=Important 4=Very Important